

Easy Fruit Chiller

1 Tall 2 ½ cup beverage glass/cup almost half-filled with ice
2 large lemon or lime wedges (or mix them up for extra fun)
2 Ripe cherries cut in half and pits removed
1-2 tsp. Stevia
2 cups sparkling water or Seltzer water

- Squeeze lemon or lime wedges into the ice-filled cup, and toss the wedges on top of the ice.
- Squeeze the cherry halves into the cup and toss the fruit in with the lemons
- Add Stevia (start with 1 tsp. and adjust with more for your preference)
- Pour over with sparkling water or Seltzer water
- Taste the refreshment!

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